# Induction and Mentoring Handbook



# Site Mentors

#### **Induction and Mentoring Program**

Washoe County School District Curriculum & Instruction 380 Edison Way Reno, NV 89502 www.washoeschools.net/mentorteach



# WELCOME TO TO NENTORING

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# FOUNDATIONS OF MENTORING

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# FREE Class One Inservice Credit

This is an introductory course for teachers with three years of teaching experience who would like to learn the fundamentals of mentoring a novice teacher and/or student interns. It is also an excellent refresher course for trained Mentor teachers.

#### WHEN?

Fall and spring

See web site for details.

#### WHERE?

C& I Building 380 Edison Way

#### WHY?

To become a
trained lead
teacher or a
mentor in the
WCSD Mentor
Teacher Program

To enroll go to:
MyPGS: Professional Learning

#### **Mentor Teacher Program**

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# WHY? Induction and Mentoring

New teachers are expected to perform the same duties as veteran teachers from the moment they step into the classroom. They are expected to perform a variety of roles such as educator, motivator, guide, counselor, coach and manager, to name a few. New teachers are often expected to sponsor extra-curricular activities and serve on school committees. The enormity of it all can be overwhelming.

Teacher education programs often emphasize mastery of subject matter and instructional theory. It is not until they reach the classroom that new educators move from theory to practice.

The Washoe County School District's Induction and Mentoring Program serves to bridge the gap between initial preparation and the realities of teaching.



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### **Mission Statement**

The mission of the Mentor Teacher Program is to provide high quality instruction for students by ensuring the success and on-going growth of teachers.

# **Purpose**

The purpose of the Mentor Teacher Program is to orient the novice teacher to the educational environment and share the vision of the profession by modeling and encouraging best practice through collaboration, collegiality and participation in a continuous learning community.

### Goals

- Improve teaching performance
- Enhance student achievement
- Increase teacher retention
- Promote novice well-being
- Transmit the culture
- Increase collegiality



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# Induction and Mentoring Program Summary

#### **Consulting Teachers**

- Meet regularly with the novice teacher
- Conduct formative assessment with focus on the four standards
- Observe novice teacher and give feedback
- Analyze student work with the novice teacher
- Accompany the novice teacher on visits to other classrooms

#### **Principals**

- Share expectations with the novice and the consulting teacher
- Provide novices with additional support as needed
- Select and supervise a site facilitator
- Provide time for planning, observing and conferencing

#### **Site Facilitators**

- Three years of mentoring experience and completion of Foundations of Mentoring training
- Assist principal in supporting newly hired teachers
- Communicate weekly with novice teachers and provide ongoing support
- Collaborate with the Site Mentors and help to resolve minor issues or concerns that may arise
- Teach the monthly Novice On-Site Seminar and complete the related paperwork and web attendance
- Collect and submit paperwork on time, such as applications, contact logs, leave forms, needs assessments, etc.
- Attends Site Facilitator Meetings, as well as advanced training such as Observation and Feedback.

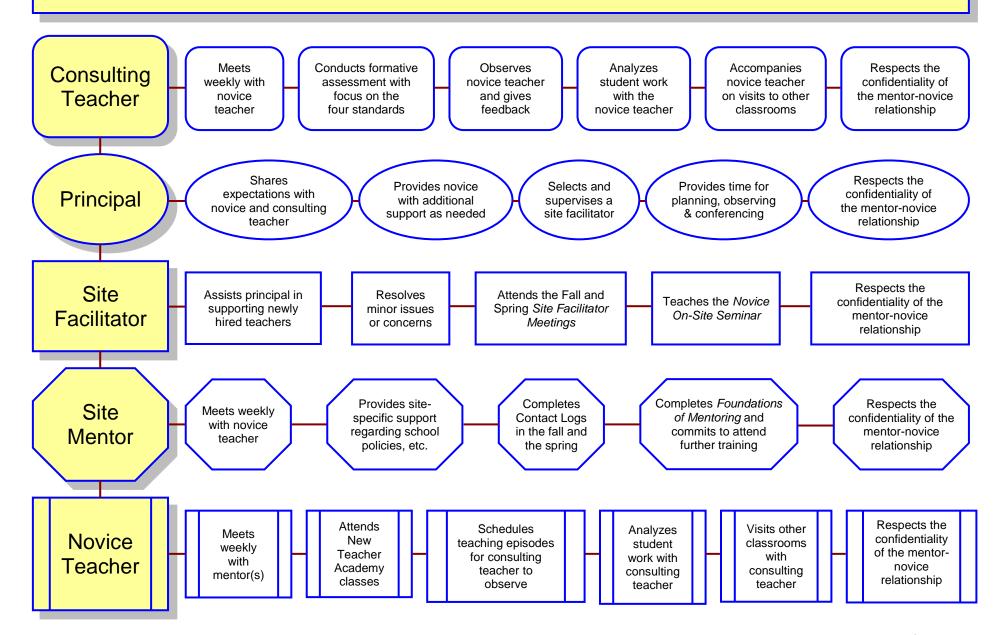
#### **Site Mentors**

- Three years of successful teaching in the Washoe County School District
- Possess effective classroom management skills and excellent interpersonal skills
- Complete Foundations of Mentoring
- Commit to attend further training such as Observation and Feedback
- Meet weekly with the novice teacher
- Complete and submit Contact Logs twice a year

#### **Novice Teachers**

- Meet weekly with site mentor(s) regarding lesson plans, management, instruction, etc.
- Take sub day(s) to visit other classrooms with Consulting Teachers.
- Schedule teaching episodes for mentor(s) to give confidential feedback
- Attend the Novice On-Site Seminar at the school site or the Novice Regional Seminar at the district level
- Attend New Teacher Academy classes
- Evaluate the program

# Washoe County School District INDUCTION AND MENTORING PROGRAM





# Mentor Teacher Program Washoe County School District Curriculum & Instruction 380 Edison Way www.washoeschools.net/mentorteach

### PHASES OF FIRST YEAR TEACHING

First-year teachers will move through a number of developmental phases. While not every teacher goes through this exact sequence, these phases are very useful to assist you in the process of supporting your new teachers. These teachers move through several phases from anticipation, to survival, to disillusionment, to rejuvenation, to reflection; then back to anticipation. Here is a look at the stages through which new teachers move during this first crucial year.

#### **ANTICIPATION PHASE**

New teachers enter with a tremendous commitment to making a difference and a somewhat idealistic view of how to accomplish their goals. One new teacher is quoted as saying, "I was elated to get the job but terrified about going from the simulated experience of student teaching to being the person completely in charge." This feeling of excitement carries new teachers through the first few weeks of school.

#### **SURVIVAL PHASE**



The first month of school is very overwhelming for new teachers. They are learning a lot and at a very fast rapid pace. During the survival phase, most new teachers struggle to keep their heads above water. They become very focused and consumed with the day-to-day routine of teaching. There is little time to stop and reflect on their experiences. It is not uncommon for new teachers to spend up to seventy hours a week on schoolwork. New

teachers, still uncertain of what really works, must develop their lessons for the first time. Although tired and surprised by the amount of work, first-year teachers usually maintain a tremendous amount of energy and commitment during the survival phase, harboring hope that soon the turmoil will subside.

#### **DISILLUSIONMENT PHASE**

After weeks of nonstop work and stress, new teachers enter the disillusionment phase. The intensity and length of the phase varies among new teachers. The extensive time commitment, the realization that things are probably not going as smoothly as they want and low morale contribute to this period of disenchantment. New teachers begin questioning both their commitment and their competence.

Many new teachers get sick during this phase. During this phase, classroom management is a major source of distress.

At this point, the accumulated stress of the first-year teachers, coupled with months of excessive time allotted to teaching, often brings complaints from family members and friends. This is a very difficult and challenging phase for new entries into the profession. They express self-doubt, have lower self-esteem and question their professional commitment. In fact, getting through this phase may be the toughest challenge they face as a new teacher.

#### **REJUVENATION PHASE**

The rejuvenation phase is characterized by a slow rise in the new teacher's attitude toward teaching. It generally begins in January. Having a winter break makes a tremendous difference for new teachers. It allows them to resume a normal lifestyle, with plenty of rest, food, exercise, and time for family and friends. This vacation is the first opportunity that new teachers

have for organizing materials and planning curriculum. It is a time for them to sort through materials that have accumulated and to prepare new ones. This breath of fresh air gives novice teachers a broader perspective with renewed hope.

#### **REFLECTION PHASE**

The reflection phase is a particularly invigorating time for first-year teachers. Reflecting back over the year, they highlight events that were successful and those that were not. They think about the various changes that they plan to make the following year in management, curriculum, and teaching strategies. The end is in sight, and they have almost made it; but more importantly, a vision emerges as to what their second year will look like, which brings a new phase of anticipation.

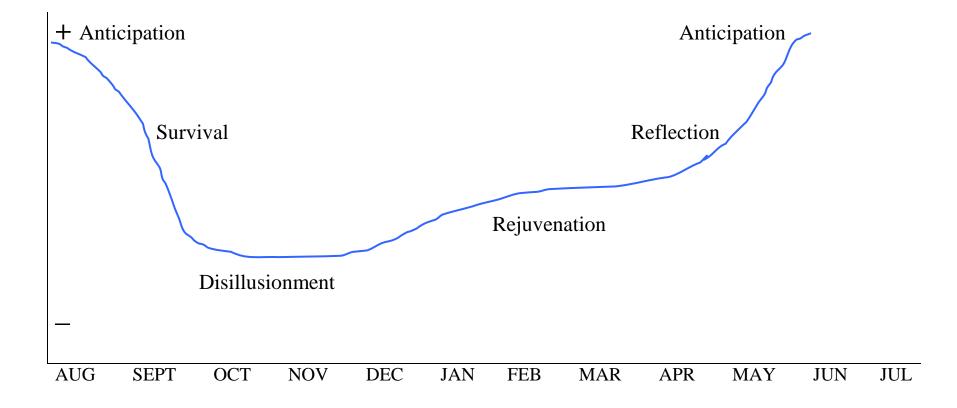


It is critical to assist new teachers and ease the transition from student teacher to full-time professional. Recognizing the phases new teachers go through gives you the framework within which you can design your support program to make their first year of teaching a positive experience for everyone.



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# **Phases of First-Year Teaching**



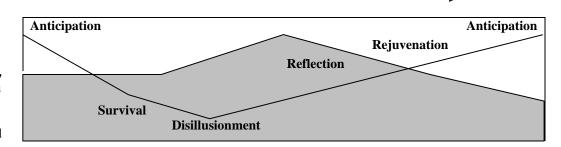


# Dynamics Within the Mentoring Process

The Process of Novice Teacher Development

A Novice Teacher's Need for Support, Encouragement, and Affirmation

A Protégé's Emotional Level



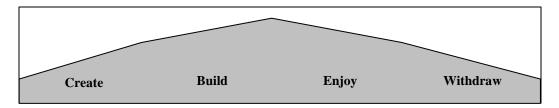
**Mentoring Styles** and **Processes** 

Direct → Explain → Share → Delegate

Shifting Leadership Responsibilities in the Mentor-Mentee Relationship Mentee's responsibility for task success

Mentor responsibility for task success

The Strength of the Mentor-Mentee Partnership





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# **Mentoring Relationship Self-Assessment**

LEVEL ONE LEVEL TWO		LEVEL THREE	LEVEL FOUR			
Mentor-novice contact is irregular and generally precipitated by a need for information or assistance.	Contact occurs as scheduled and satisfies the novice's need for information.	The mentor and novice maintain regular contact.	Contact between mentor and novice is scheduled frequently, protected from competing demands, and meets the mutual needs of the partnership as well as advancing the goals of the district.			
Interactions are limited to the transfer of critical, basic information.	Throughout the relationship, information production remains higher for the mentor.	Interactions promote collaboration through joint planning, problemsolving, decision-making, and reciprocity of learning results.	Both the mentor and the novice consistently initiate learning-focused conversations regarding teacher and student learning.			
The mentor provides suggestions and advice as requested.	The mentor conducts conferences employing strategies to fix current problem and add to the novice's list of activities.	The mentoring relationship is mutually beneficial and information production is equal.	The mentor demonstrates versatility in appropriately consulting, collaborating, and coaching to purposefully develop the novice's capacity to generate information.			
The novice's collegial and collaborative opportunities are limited to other novices or professionals close in proximity or content specialty.	Discussions center on specific situations. Meeting novice's needs may become time intensive for the mentor.	Learning-focused conversations center on the implementation of curriculum and generally recognized best practice.	Mentoring interactions promote connection-making between instructional practice and student results. Personal learnings are transferred and applied to other contexts. These learnings inform future actions.			
The greatest learnings for the novice are within the management domain and generally do not progress to the examination of impact.	The mentor provides orientation and introduction to the professional school community.	The mentor provides connections with grade level / content area colleagues and promotes collaborative opportunities.	The mentor models problem-solving processes and reflective practices which novice adopts.			
Survival strategies are the emphasis of the novice's learning.			The novice participates in school-wide goal achievement and gradually interacts as a collective member of the professional school community.			



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### **Offering Support Calendar**

#### **August:**

- Schedule conference times for:
  - Clarifications/questions/problem-solving around grouping issues, materials, attendance policies, and classroom management
- Establish a basic contact schedule for the first month
- Review school handbook and answer any questions
- Think aloud regarding pre-assessment and uses of data
- How to use Infinite Campus

#### **September:**

- Joint planning for time management and new instructional units
- Provide information/clarification regarding grading, report cards, state or district testing procedures
- Provide information/clarification regarding district evaluation policy, student progress reports and grading
- Share procedures and tips for Open House
- Review non-instructional duties (plan to accompany the first time)
- Think aloud regarding parent contacts and preparing for parent conferences

#### October:

- Discuss the impact of holidays on student behavior and instruction
- Discuss purchases, fundraising, or departmental monies
- Emphasize personal, informal contacts

#### **November:**

- Encourage contact and activities with colleagues
- Think aloud regarding student motivation
- Discuss impact of student extra-curricular activities
- Share personal time management strategies

#### **December:**

- Ensure that the novice is familiar with Outlook and all other forms of communication your school uses
- Provide time for the novice to share success stories
- Give the novice a pep talk be their cheerleader
- Review current achievement data and how it impacts planning for instruction
- Encourage the novice to communicate often with parents
- Invite the novice to visit your classroom for the day
- Give the novice a present that doesn't cost anything, but that they'll appreciate...like some of your best lesson plans wrapped with care



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#### Offering Support Calendar (continued)

#### January:

- Mutual sharing of professional growth goals and strategies
- Joint planning for upcoming units
- Clarify schedules, recordkeeping, reporting, etc.
- Encourage collaborative opportunities with other colleagues
- Attend a professional development offering

#### February:

- Explore team teaching opportunities
- Think aloud regarding student performance data and its use
- Collaborate on an action research project
- Clarify/share information regarding final evaluations, schedules (spring break, student testing, etc.)

#### March:

- Discuss curricular pacing
- Think aloud analyzing student performance data and exploring cause-effect relationships
- Provide information/clarification on student files/records, parent conferences, etc.
- Mutually share progress on professional growth plans
- Discuss end-of-year schedules, final evaluations, student testing, field trips, etc.

#### **April:**

- Meet with the novice frequently and ask him/her to pick the topic of conversation
- Offer to complete a task for your novice

#### May:

- Schedule a reflecting conversation
- Identify success
- Assist in analyzing student performance data and exploring cause-effect relationships
- Facilitate connection-making between personal learnings and application to future decisions
- Final check for clarification on parent contacts

#### June:

- Celebrate successes
- Think aloud regarding completion of recordkeeping and other end-of-year activities



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#### **Reflection Prompts**

Please reflect on the way things have been going for you professionally. If there is a difference between the way things are, and the way you would like them to be, *and that difference concerns you*, you may have identified a significant area of need for your professional development. The following questions might stimulate your thinking. Ask yourself:

✓	What is the most stressful part of my workday? What makes it so?
✓	What is the least stressful part of my workday? What makes it so?
✓	Have there been any recent developments in my field that I need to know more about?
✓	If I had to describe my major job responsibility in one sentence, what would I say?
✓	In terms of my profession, where do I hope to be a year from now? 3 years? 5 years?
✓	Do I know enough about my students as individuals and as a group to help me teach them more effectively?
✓	What qualifications or abilities do I have which are not being fully utilized?



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#### **Tips Too Good To Leave Out**

Just a few more ideas too good to leave out, organized as time savers, learning opportunities, relationship builders, and additional support.

#### **Time Savers**

- Provide printed regulations, policies, and procedures with highlights or annotations.
- Suggest that your novice keep an ongoing list of questions/needs in classroom.
- Jointly construct a calendar with red letter days and "high jam" periods.
- Order supplies before they are needed.
- Anticipate likely concerns and problems. Create a "life-saver" file of practical ideas to address them.

#### **Learning Opportunities**

- Provide small amounts of information as needed. Avoid doing an "information dump".
- Plan for Problem-Solving Partners Sessions (at least 3 per year) where each person has a presenting problem and you jointly engage in brainstorming, assessing options, decision-making.
- See opportunities to collaborate with your novice and arrange for observation opportunities.
- Arrange for "practice" assessment observations by a peer or the mentor to familiarize the novice with the process.
- Model teaching procedures and "think aloud" with the novice about your choice points, criteria for selecting strategies, and personal learnings from a teaching experience.
- Duplicate and share resource files containing ideas and activities for activating, and integrating content.

#### **Relationship Builders**

- Mentors share challenges you faced and strategies you used to overcome barriers.
- Conduct a conference while taking a walk, sitting outside, etc. to reduce stress.
- Model trustworthy behavior / confidentiality.
- Attend to stress management strategies.
- Develop common and shared vocabulary.
- Seek opportunities to grow together and move across the continuum from consultant to coach.

#### **Additional Support**

- Leave notes of encouragement and support particularly during the first two weeks of school and during times of intensive paperwork reporting requirement.
- Trade professional articles of interest: highlight important points first.
- Accompany novice on the first non-teaching assignment.
- Introduce novice to support services staff and provide information on available services.
- Assist with identifying special needs students in the novice's classroom.



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#### PLANNING FOR A SUBSTITUTE

- 1. Follow your school procedures for obtaining a substitute.
- 2. Leave your substitute notebook in a very **obvious** place. Your substitute will probably not be able to get into your office, so leave it on your cart or on a table/desk in your first classroom. Label your substitute notebook with your name and class schedule.
- 3. Leave detailed lesson plans for each class. Mention who your troublesome students might be and also any students who have special health concerns.
- 4. Leave your seating charts for each class.
- 5. Write down your procedures for using the pass to the bathroom, etc.
- 6. Leave information for your substitute about:

Where to find the restroom? Where to eat lunch?

Where to go on prep period?

Who to ask if he/she has a question?

Where to find the department chair?

Where to leave your keys/substitute notebook?

Where should work be left that students turn in?

Where to put extra copies of handouts?

- 7. Substitutes appreciate having an answer key to your lesson so they can help students with questions.
- 8. If your substitute is showing a movie, leave a student's name who can help the him/her with the audio-visual equipment.
- 9. Ask your substitute to leave you notes detailing what happened in each class.



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# A Note from the Sub...

Date:
Dear
My day was:
These students were VERY helpful:
These students were absent:
These students were tardy:
Problems I had and what we did to resolve the problem:
This is what we did today:
Comments:



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#### What could you put into a mentee's Welcome Basket?

- Your phone number
- Gift certificate to a teacher store
- Sponge activities
- "Lunch on Me" coupon
- Welcome card
- Map of school and district
- List of staff names and room numbers
- School calendar
- School discipline policy
- Student handbook
- Cushion for chair
- Attendance policies
- Lunch count slips
- Sugar fix
- Subscription to professional magazine
- Phone numbers for local lunch delivery
- "Victory" journal
- Inspirational books or quotes
- Children's book
- Relaxation tapes
- Lotion
- Plant
- Bulletin board materials
- Lesson ideas
- Copy of grade level long-range plans for the year
- First aid kit from the health office
- List of good substitute teachers
- Motivational poster
- "Warm fuzzy"
- Invitation to visit your classroom
- Invitation to a staff social event



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#### IDEAS FOR 2<sup>ND</sup> YEAR TEACHERS

- How to move across pay scale
- Department information on Administration building (Greenhouse map)
- Revisit classes for better understanding.
- Classroom observations / walkthroughs
- Input / discussions with other teachers
- Present topics on occasion.
- Let them know their voice is valuable in these meetings.
- On-site observations of administration / classified staff / counselors...then report back about what surprised them.
- Pair first- and second-year teachers.
- Veteran (non-mentors) sharing expertise
- Holiday crafts, activities to do, model, and take away from meeting
- Skits, role-playing
- Education Alliance Warehouse "field trip"
- Peer presentations
- "Content Buffet": focused topic, bring your favorite / best idea, copies for everyone
- Copy box as an idea resource
- They present a successful idea to the group.
- Give them time-credit for the time spent preparing for their presentation.
- Have a brainstorming meeting and get their input about what to share with novices.
- Master's Equivalency information
- Have them help with instruction of meetings.
- Book Clubs: Everyone reads the same book and presents a chapter to the group or participate in a discussion after reading.
- Professional portfolios
- Collect data from pre- and post tests. Discuss what to do with data.
- Reflection journaling
- Videos: Watch the same one and discuss it, or watch different ones and present them to the group.
- Idea bank
- Share professional articles.
- Have them check out websites that are subject-based and share findings.



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# BOOKS RECOMMENDED FOR NEW TEACHERS

#### **Assessment**

#### **Exploring Formative Assessment**

Susan M. Brookhart ASCD, 2009 (Alexandria, VA)

### Advancing Formative Assessment in Every Classroom

Connie M. Moss & Susan M. Brookhart ASCD, 2009 (Alexandria, VA)

### Formative Assessment Strategies for Every Classroom-2<sup>nd</sup> Edition

Susan M. Brookhart ASCD, 2010 (Alexandria, VA)

#### Assessing 21st Century Skills

Laura Greenstein Corwin, 2012 (Thousand Oaks, CA)

#### **Behavior Management**

# Positive Discipline in the Classroom: Developing Mutual Respect, Cooperation, and Responsibility in Your Classroom

Jane Nelsen & Lynn Lott Three Rivers Press, 2013 (New York)

#### **Classroom Management for Elementary Teachers**

Carolyn M. Evertson & Edmund T. Emmer Pearson, 2016 (Boston, MA)

#### Getting Classroom Management Right in Secondary Schools

Carol M. Lieber Engaging Schools, 2009 (Cambridge, MA)

#### **Discipline in the Secondary Classroom**

Randall S. Sprick, Ph.D. Jossey-Bass, 2006 (San Francisco, CA)

#### The Classroom Management Book

H. Wong & R. Wong

Harry Wong Publications, 2014 (Mountain View, CA)

#### Positive Behavior Support at the Tertiary Level

Laura A. Riffel

Corwin, 2011 (Thousand Oaks, CA

#### **Conflict Resolution**

# Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them

Ross W. Greene Ph.D. Scribner, 2014 (New York)

#### Ready-to-Use Conflict-Resolution Activities for Elementary Students

Beth Teolis Jossey-Bass, 1998 (San Francisco, CA)

#### Conflict Resolution in the High School: 36 Lessons

Linda Lantieri & Carol Miller Lieber Education for Social Responsibility, 1998 (Cambridge, MA)

#### Inclusion

#### **Including Students with Special Needs**

M. Friend & W. Bursuck Allyn and Bacon, 1996 (Boston, MA)

#### How to Differentiate in Mixed-Ability Classrooms

Carol Ann Tomlinson ASCD, 2001 (Alexandria, VA)

#### **Co-Teaching in the Differentiated Classroom**

Melinda L. Fattig & Maureen T. Taylor Jossey-Bass, 2008 (San Francisco, CA)

#### Instruction

#### **Teach Reflect Learn**

Pete Hall & Alisa Simeral ASCD, 2015 (Alexandria, VA)

#### The Highly Engaged Classroom

Robert Marzano & Debra Pickering Marzano Research Lab, 2011 (Bloomington, IN)

# Activators, Classroom Strategies for Engaging Students

Nicole Frazier & Donna Mehle Engaging Schools, 2013 (Cambridge, MA)



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# RECOMMENDED BOOKS

# 101 "Answers" for New Teachers and Their Mentors: Effective Teaching Tips for Daily Classroom Use

Annette L. Breaux Eye on Education, 2003

# The Answers to Questions that Teachers Most Frequently Ask

Julie Wofford Anderson Corwin Press, 2001

# The Best of Works 4 Me 2: Winning Tips from Classroom Teachers

NEA Professional Library, 2005

#### Bright Ideas: A Pocket Mentor for Beginning Teachers

Mary C. Clement NEA Professional Library, 2002

# But High School Teaching is Different! Successful Strategies for New Secondary Teachers

Mary C. Clement NEA Professional Library, 2003

#### **Classroom Assessment for Student Success**

Richard J. Stiggins National Education Association, 1998

#### **Classroom Management Simplified**

Elizabeth Breaux Eye on Education, 2005

#### Classroom Record Keeping Made Simple: Tips for Time-Strapped Teachers

Diane Mierzwik Corwin Press, 2005

# The Competent Classroom: Aligning High School Curriculum, Standards, and Assessment

NEA Professional Library, 2001

#### Conscious Classroom Management: Unlocking the Secrets of Great Teaching

Rick Smith

Conscious Teaching Publications, 2004

#### Countdown to the First Day of School

Leo M. Schell and Paul R. Burden NEA Professional Library, 2000

# Dealing with Difficult Parents (and With Parents in Difficult Situations)

Todd Whitaker and Douglas J. Fiore Eye on Education, 2001

### Discipline Checklist: Advice from 60 Successful Teachers

Ken Kosier

NEA Professional Library, 2002

# The First Days of Class: A Practical Guide for the Beginning Teacher

Rebecca Lynn Wilke Corwin Press, 2003

# The Frazzled Teacher's Wellness Plan: A Five-Step Program for Reclaiming Time, Managing Stress, and Creating a Healthy Lifestyle

J. Allen Queen and Patsy S. Queen Corwin Press, 2004

# How to Deal with Parents Who Are Angry, Troubled, Afraid, or Just Plain Crazy

Elaine K. McEwan Corwin Press, 2005

### How to Survive and Thrive in the First Three Weeks of School

Elaine K. McEwan Corwin Press, 2006

#### **Including Students with Disabilities in Assessments**

Martha Thurlow and James Ysseldyke National Education Association, 2002

### Inclusion Strategies that Work! Research-Based Methods for the Classroom

Toby J. Karten Corwin Press, 2005

#### Let's Team Up: A Checklist for Paraeducators, Teachers, and Principals

Kent Gerlach

NEA Professional Library, 2004

# Making Your First Year a Success: A Secondary Teacher's Survival Guide

Robert L. Wyatt III and J. Elaine White Corwin Press, 2002



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### RECOMMENDED BOOKS

(*Page 2*)

# Managing Conversations with Hostile Adults: Strategies for Teachers

Georgia J. Kosmoski and Dennis R. Pollack Corwin Press, 2001

# Mentoring in Action: A Month-by-Month Curriculum for Mentors and Their New Teachers

Carol Pelletier

Pearson Education Inc., 2006

# Mentoring New Special Education Teachers: A Guide for Mentors and Program Developers

Mary Lou Duffy and James Forgan Corwin Press, 2005

#### The Mentoring Year: A Step-by-Step Program for Professional Development

Susan Udelhofen and Kathy Larson Corwin Press. 2003

# Motivating Students Who Don't Care: Successful Techniques for Education

Allen N. Mendler National Educational Service, 2000

#### **Multiple Intelligences**

National Education Association, 1996

# Pitfalls and Potholes: A Checklist for Avoiding Common Mistakes of Beginning Teachers

Barbara A. Murray and Kenneth T. Murray NEA Professional Library, 2004

# Professional Development for Mentors: A Facilitator's Guide for Induction Program Leaders

Wendy Baron and Jan White New Teacher Center @ UCSC, 2004

#### Real Teachers, Real Challenges, Real Solutions: 25 Ways to Handle the Challenges of the Classroom Effectively

Annette L. Breaux and Elizabeth Breaux Eye on Education, 2004

# Standing in Your Shoes: A Checklist for Classroom and Substitute Teachers

Doug Provencio NEA Professional Library, 2003

# Students Who Drive You Crazy: Succeeding with Resistant, Unmotivated, and Otherwise Difficult Young People

Jeffrey A. Kottler Corwin Press, 2002

# Succeeding in the Secondary Classroom: Strategies for Middle and High School Teachers

Harriett Arnold Corwin Press. 2001

# Succeeding with English Language Learners: A Guide for Beginning Teachers

Thomas S. C. Farrell Corwin Press, 2006

#### **Teaching Effective Classroom Routines**

Joe Witt, Lynn LaFleur, Gale Naquin & Donna Gilbertson Sopris West, 1993

#### **Teaching Mathematics in the Block**

Susan N. Gilkey and Carla H. Hunt Eye on Education, 1998

#### **Time Strategies**

National Education Association, 1994

#### **Tips for Managing Your Classroom**

Kay Burke

Corwin Press, 2001

# Tools for Teaching: Discipline, Instruction, Motivation

Fred Jones

Fredric H. Jones & Associates, Inc., 2000

### What Great Teachers Do Differently: 14 Things that Matter Most

Todd Whitaker

Eye on Education, 2004

#### You Have to Go to School – You're the Teacher! 250 Classroom Management Strategies to Make Your Job Easier and More Fun

Renee Rosenblum-Lowden Corwin Press, 2000



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NOVICE TEACHER						
(Name—optional)						
(School)	(Date)					

#### **Needs Assessment Questionnaire for NOVICE Teachers**

#### **PART A**

Please <u>choose</u> the response for each item that most nearly indicates <u>YOUR</u> level of <u>need for assistance</u> in the area described in the item.

LN = <u>Little or No Need</u>	SN = Some Need	HN = <u>High Need</u>	VHN = Very High Need				
A.(LN) SN MN HN VHN	A. LN (SN) MN HN VHN	A. LN SN MN HN VHN	A. LN SN MN (HN)VHN	A.	LN SN	MN	HN (VHN)
Finding out what is expec	cted of me as a teacher		LN	SN	MN	HN	VHN
Communicating with the		SN	MN	HN	VHN		
•	•			SN	MN	HN	VHN
•				SN	MN	HN	VHN
				SN	MN	HN	VHN
				SN	MN	HN	VHN
•	•			SN	MN	HN	VHN
•				SN	MN	HN	VHN
-				SN	MN	HN	VHN
Diagnosing student need	s		LN	SN	MN	HN	VHN
Evaluating student progre	ess		LN	SN	MN	HN	VHN
Motivating students			LN	SN	MN	HN	VHN
Assisting students with s	pecial needs		LN	SN	MN	HN	VHN
-				SN	MN	HN	VHN
Understanding the curric	ulum		LN	SN	MN	HN	VHN
Completing administrative	e paperwork		LN	SN	MN	HN	VHN
Using a variety of teachir	ng methods		LN	SN	MN	HN	VHN
Facilitating group discuss	sions		LN	SN	MN	HN	VHN
Grouping for effective ins	truction		LN	SN	MN	HN	VHN
Administering standardize	ed achievement tests		LN	SN	MN	HN	VHN
Understanding the school	l system's teacher evaluati	on process	LN	SN	MN	HN	VHN
Understanding my legal r	ights and responsibilities a	s a teacher	LN	SN	MN	HN	VHN
Dealing with stress			LN	SN	MN	HN	VHN
Dealing with union-relate	d issues		LN	SN	MN	HN	VHN
Becoming aware of speci	ial services provided by the	school district	LN	SN	MN	HN	VHN

List an	/ pro	itessiona	l need	s you	have	as a	a novice	tha	t are no	t ad	dressed	by the	e prece	ding	items

Please complete the needs assessment, keep a copy, and give a copy to your Mentor(s).



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SPECIAL EDUCATION NOVICE TEACH	ER
(Print Novice Teacher's Full Name)	

(Date)

(School)

#### **Needs Assessment Questionnaire for Special Education NOVICE Teachers**

Please choose the response for each item that most nearly indicates your level of need for assistance/support in the areas described below: .

LN = <u>Little or No Need</u>	SN = Some Need	MN = Moderate Need	HN = High Need	٧	/HN = <u>Ve</u>	ry Hig	h Need
A.(LN) SN MN HN VHN	A. LN (SN) MN HN VHN	A. LN SN MN HN VHN	A. LN SN MN (HN)VHN	A	. LN SN	MN	HN (VHN)
Finding out what is expec	cted of me as a teacher		LN	SN	MN	HN	VHN
				SN	MN	HN	VHN
Assessing student progre	ess		LN	SN	MN	HN	VHN
Making accommodations	or modifications for studer	nts	LN	SN	MN	HN	VHN
Lesson planning (long or	short term plans)		LN	SN	MN	HN	VHN
Writing goals and objecti	ves		LN	SN	MN	HN	VHN
Writing IEPs / IEP Progra	am		LN	SN	MN	HN	VHN
Completing paperwork re	elated to district procedures	·	LN	SN	MN	HN	VHN
Setting up the classroom	environment		LN	SN	MN	HN	VHN
Creating and/or enforcing	g classroom rules		LN	SN	MN	HN	VHN
Managing my time and w	ork		LN	SN	MN	HN	VHN
Managing classroom inst	tructional time or downtime		LN	SN	MN	HN	VHN
Locating and using grade	e-level expectations or state	e standards	LN	SN	MN	HN	VHN
Obtaining instructional re	sources and materials		LN	SN	MN	HN	VHN
Understanding testing ma	aterials and procedures		LN	SN	MN	HN	VHN
Ideas for teaching specifi	ic lessons		LN	SN	MN	HN	VHN
Organizing student pape	rs and records		LN	SN	MN	HN	VHN
Motivating students			LN	SN	MN	HN	VHN
Working with paraprofess	sionals		LN	SN	MN	HN	VHN
Working with parents			LN	SN	MN	HN	VHN
Collaborating with genera	al education teachers		LN	SN	MN	HN	VHN
RTI			LN	SN	MN	HN	VHN
Navigating the CSI Site			LN	SN	MN	HN	VHN
Administering standardized achievement testsLN SN MN HN V							
Understanding the school	ol system's teacher evaluati	on process	LN	SN	MN	HN	VHN

List any professional needs you have as a Special Education teacher that are not addressed by the preceding items:

Please complete the needs assessment, keep a copy, and give a copy to your mentor(s).



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### TIPS FOR NOVICE TEACHERS

#### **Tips For Novice Teachers**

Compiled by the Washoe County School District

- ♥ Post Rules with Signature of Students and Stick to Them
- ♥ Send Letter Home: Discipline Rules and Plan to Be Signed by Parents & Student
- Send Home a Letter of Greeting with Rewards, Policy, Consequences and Philosophy and Have Students Return It Signed
- ♥ Use Name Tags
- ♥ Make Contact with Parents
- ♥ Make Room Bright & Colorful
- ♥ Obtain an Old Yearbook to Check Out Faculty
- ♥ Lesson Plans More is Better, but Be Flexible
- ♥ Try Out Activities Ahead of Time
- Act Confident
- ♥ Know the Schedule: Start & Stop Time, Recess, Lunch
- ♥ SMILE
- ♥ Schmooze the Secretary & Custodian
- ♥ Make Bathroom Passes
- ▼ Keep Running Tab of What You Are Spending for Taxes & Personal Budget Control
- ♥ Always Have a Plan B (C, D, E & F)
- ♥ Plan Ahead & Extra Activities for Lessons That Run Short
- ♥ Don't Be Afraid to Ask for Help
- ♥ Mingle Get Out of Your Room Avoid Cliques
- ♥ Do a School Tour with Your Class
- ♥ Go Home Set a Limit of How Late You Will Stay
- ▼ You Don't Have to Do Everything, Every Day
- ♥ Know that You Won't Get Everything Done
- ♥ Practice Routines (Lines, Fire Drills)
- ▼ Take Time to Build Your Community
- ♥ Scrounge, Beg, Borrow (Return What You Borrow)
- ♥ Visit the Education Alliance Warehouse
- ♥ Know How Your Students Get to and from School (Medical Information, Lunch Status)



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### TIPS FOR NOVICE TEACHERS

#### **Tips For Novice Teachers** (Continuedt)

Compiled by the Washoe County School District

- ▼ Teach and Re-Teach Rules and Procedures
- Always Over-Plan Your Day
- ♥ Get Plenty of Rest at Night Teaching is Tiring!
- ♥ Don't Be Afraid to Ask for Help
- ♥ Read the Faculty Handbook
- ♥ It's OK to Use Other Teachers' Ideas!
- Make and Keep a Seating Chart
- ♥ Learn Every Student's Name ASAP
- ♥ Prioritize At School & At Home
- ♥ Get All Materials Ready for a Lesson Ahead of Time
- ♥ Keep a Sense of Humor & Have Fun
- ♥ Introduce and Practice Class Rules
- ♥ Really Talk with Students
- ♥ Insert Humor
- ▼ Take Your Vitamins, Bring Aspirin
- ♥ Get Out of Your Classroom at Lunch Time
- ♥ Have a Back-Up Plan
- ♥ Be Flexible
- Know When and Who to Ask for Help
- ♥ Have Some Fun
- ♥ Use Name Tags (Where Applicable)
- ♥ Be Sure Everyone has Access to "Stuff" (e.g. scissors, pencils, etc.)
- Prepare and Have Available Student Supply List
- ♥ Introduce Yourself to Parents Through Letter, Phone Call, etc.
- ♥ Remember, There are ONLY 179 Days Left
- ♥ Have an Activity for Them to Do When They Come In
- Need to Know the Following Procedures: Line-Up, Entering Building, Bathroom, Drinks, Sharpening Pencils, Using Manipulatives, Attendance, Lunch Count, Hall Passes
- ▼ Teach Rules & Consequences
- Set-Up Grade Book: Addresses, Birth Date, Parent's Name, Phone Numbers, Legal Names vs. Nicknames
- ♥ Plan More Than You Need
- ♥ For Primary Students Keep Snacks
- ♥ Don't Expect Them to Sit for Long Periods
- ♥ Health Issues: Medications? Allergies?



# Special Education Mentor Teacher Program

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#### **Tips for Novice Special Education Teachers**

Compiled by the Washoe County School District Special Education Teachers

- Remember, IEPs are supposed to be a pleasant experience! Chocolate helps!
- Get to know the General Education teachers.
- You cannot do everything at once. Try and create one extra project each week.
- Don't take it personally!
- Give your aides and assistants specific tasks that they are good at. It helps the flow of the class.
- Begin immediately with scheduling!
- Enjoy your students and take deep breaths frequently.
- Find humor in every day!
- Always think ahead!
- Don't be afraid to ask questions!
- You have a life outside of the classroom.
- Make a list of tasks that need to be completed each day to help keep organized.
- Access your resources!
- Form friendships with other Special Education personnel.
- Take time for yourself!
- Laugh with your students.
- Keep a supply of chocolate in your desk drawer. You will need it!
- Read and re-read the IEPs for your students.
- Write a letter of introduction to the parents. Assure them you are there for them.
- Take advantage of attending workshops when offered.
- Take your lunch! Don't skip it!
- Engaging lessons = great behavior management.
- Structure the learning environment (classroom).
- Get behaviors under control by first teaching procedures.
- Prioritize!
- Look over the CSI site. Contact your Program Consultant for explanations.
- Learn where the school calendar is, how to distribute information, the discipline plan, and where the supply area is.
- Pick your battles!
- Collect data, lots of it.
- Tomorrow is another day!



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### THE JOB OF A MENTOR TEACHER

Many of these responsibilities can be done through conversation; others are appropriate for seminar topics.

BUILDING TOUR:	TOUR OF OTHER IMPORTANT PLACES:							
School layout and location of:	School layout and location of:							
Washroom	WCSD Administration Building							
<ul><li>Lounge/Workroom (production room)</li><li>Office/Secretaries</li><li>Supply Room</li></ul>	1150 Matley Lane (home of the Inservice Department, Mentor Teacher Program, and New Teacher Academy)							
<ul> <li>Learning Center and AV Equipment</li> <li>Custodian</li> <li>Bus Entrance and Teacher Parking</li> <li>Student Files/Records</li> <li>Lunch Room</li> <li>Offices/Rooms of School Specialists</li> </ul>	Education Alliance Teachers Warehouse (380 Edison Way, Reno)							
CURRICULUM:								
Curriculum maps, teacher manuals, standards	3							
Supplemental materials and textbooks	Supplemental materials and textbooks							
Lesson plan, unit planning procedures, expect	tations							
Teaching teams or shared responsibilities								
Grading procedures and attendance for day-to	o-day records							
A plan for the first week's lessons								
ACCESS TO RESOURCES:								
Classroom and teaching supply requisitions, b	oudget process							
Audio-video equipment requests								
Computer access for teacher, student use								
<ul><li>Building activity funds (and saving receipts)</li><li>Shared equipment and material (with other statement)</li></ul>	aff)							
Textbooks, supplemental materials	2017							
Textbooks, supplemental materials								
ORGANIZING THE CLASSROOM:								
Options for room arrangement and effect on te								
Traffic patterns; storage of and access to mate								
Student access to texts, equipment and teaching centers								



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### THE JOB OF A MENTOR TEACHER

#### Tasks of Mentor Teachers (continued)

STUDENT DISCIPLINE:  Behavior expectations for hallway, lunch, washroom, playground, Learning Center Establishing and maintaining classroom behavior/expectations Discipline procedures; classroom rules/consequences Consequences for behavior problems: Parent? Referral? Detention? Expected staff supervision outside the classroom
BUILDING PROCEDURES:
Hours for teachers, building use at other times (alarms)
Extra duties – bus, clubs, activities, chaperoning
Attendance/lunch count
Movement of students, entry/exit from building, washrooms, lunch, recess
Student and teacher "dress code"
Fire/lockdowns, earthquake drills
Lunch supervision, eating arrangements
Homework, testing policies
Student accidents, emergencies
Pull-out programs and the need for flexibility
Field trips
PERSONAL AND PROFESSIONAL TOPICS, DECISIONS AND PROCEDURES
Calling in sick and personal or professional days (AESOP)
Importance of attending meetings that explain expectations and changes
Explain mentor's class schedule and availability. Are calls at mentor's home OK?
Faculty meeting, timing and schedule for meetings
School calendar for the year including end of quarter, holidays, assemblies
Mid-quarter progress report procedures
Report card process and deadlines
Parent-teacher conferences
Professional staff evaluation process
Parental correspondence/documentation
LIEL DING CTUDENTS WITH CRECIAL NEEDS
HELPING STUDENTS WITH SPECIAL NEEDS
Staffings or placement procedures (IEP's, 504's)
Cumulative records and the issue of confidentiality
Introduction to support staff – gifted, reading, ESL, LD/BD, speech, social worker, psychologist, nurse, guidance counselor
Suggestions for working with special needs students/classroom modifications

# My First Days of Teaching

My thoughts before school began  $\sim$ 

What I wore the first day ~

The person who helped me the most ~

A memorable moment ~

What I would do the same next year ~

What I was grateful for ~

My biggest laugh in the classroom was when ~

My biggest teaching breakthrough was ~

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### WCSD Mentor Teacher Program Collaborative Log

Teachers with Mentors  Next Meeting Date _ Focus				
What's Working:	Current Focus / Challenges:			
Teacher's Next Steps:	Mentor's Next Steps:			
WCSD Performance Standards				

Teacher \_\_\_\_\_\_ Mentor \_\_\_\_\_ Date \_\_\_\_\_

#### STANDARD 1: Planning & Preparation

- a. Demonstrating knowledge of content and pedagogy
- b. Demonstrating knowledge of students
- c. Setting instructional outcomes
- d. Demonstrating knowledge of resources
- e. Designing coherent instruction
- f. Designing student assessments

#### **STANDARD 2: Classroom Environment**

- Creating an environment of respect and rapport
- b. Establishing a culture for learning
- c. Managing classroom procedures
- d. Managing student behavior
- e. Organizing physical space

#### STANDARD 3: Instruction

- a. Communicating with students
- b. Using questioning and discussion techniques
- c. Engaging students in learning
- d. Using assessment in instruction
- e. Demonstrating flexibility and responsiveness

#### STANDARD 4: Professional Responsibilities

- a. Reflection on teaching
- b. Maintaining accurate records
- c. Partnerships with families
- d. Participating in a professional community
- e. Growing and developing professionally
- f. Showing professionalism



1.

#### **Mentor Teacher Program**

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Things that went well this week were.....because.......

WEEKLY
INTERACTIVE
DISCUSSION
PROMPTS

Both the Mentor and the Novice Teacher are encouraged to discuss one of the suggested prompts weekly.

Something that surprised me this week was....... 2. 3. What I want to try next week is....... My biggest challenge is...... 4. 5. Some of my students are...... I realize students don't come with instruction manuals, so I'm...... 6. 7. What I'm discovering about myself is....... 8. What I'm wondering about is...... The Performance Standard I'm doing the best with is.....because...... 9. 10. I'm getting so much better at....... 11. Thank goodness tomorrow is another day because....... 12. What I never learned in college was....... 13. An inspiration that came to me....... 14. I realize that...... 15. I'm beginning to feel...... Students are so forgiving because...... 16. 17. This special unit I'm planning is....... 18. When I watch other people teach I...... 19. A breakthrough came in my teaching this week when....... 20. Tomorrow I plan on changing....... 21. I'm too overwhelmed to even write about anything this week....... 22. Next year my plans for the first day and week of school are...... 23. You've been a big help to me because....... 24. I think I'm going to make it after all because....... 25. I became a teacher because......

# **Making the Most of Mentoring Relationships**

Given that we cannot possibly learn all we need to know about the act of teaching during preservice education, learning during the induction period must continue at an intensive level. Careful selection of mentors is an essential component of designing productive mentoring relationships. Whether you are identifying your own mentor, or deciding whether to become one yourself, include the following criteria in assessing the appropriateness of the choice. A teacher teaching a new grade level or a new subject area may need a mentor just as much as a beginning teacher.

#### Mentor teachers should exhibit excellence in classroom teaching by:

- Demonstrating strong content knowledge
- Having and using a wide repertoire of teaching strategies
- Using a wide range of assessment tools
- Being willing to give special attention to students who need remedial or compensatory help as well as to students who need enrichment
- Demonstrating success in facilitating high student performance and achievement

#### Additional attributes of successful mentors include:

- A history of collegial interactions or an expressed desire to collaborate with other educators in purposeful ways
- An appreciation for, and skills for working with, a variety of teaching and learning styles
- Assignment to same subject level / grade level
- Commitment to own personal growth
- Willingness to be reflective about own teaching decisions
- Strong communication skills
- Knowledge of adult learning theory
- · Capacity to match interactions and responses to knowledge, skills, and trust level of mentee

Interactions between a new staff member and the mentor depend on the needs of the new staff member and the purposefulness of the district in promoting collegiality as a value of the district. If collegiality is a value of the district, then the frequency, intensity, and quality of the interactions between mentor and new staff member should clearly demonstrate that value.

#### **Potentially Helpful Mentor Actions**

- Introduce the beginning teacher to members of the administrative staff, teachers, and other school employees.
- Go over all school routines, rules, and policies...especially the unwritten ones!
- Take the new teacher on a tour of the school grounds...and even of the school attendance zone.
- Escort and sit with the new colleague at faculty meetings and staff development opportunities.
- Remember to include the new staff member in informal social gatherings...whether in the lounge or outside
  of school.
- Observe the new teacher and give feedback as appropriate.
- Encourage the new teacher to observe other teachers who teach the same subject / grade and/or the same students.
- Teach a demonstration lesson or co-teach in the new teacher's classroom.
- Involve the new teacher in co-curricular activities.
- Help the new staff member recognize and appreciate the knowledge and expertise he / she brings to the profession.
- Guide the new teacher through state and district standards; share time-proven lessons and assessments which are efficient and effective in moving students toward meeting the standards.
- Assist the new teacher with identifying a wide variety of materials and resources appropriate for the content and the students.
- Inform the new staff member of how to obtain audio-visual equipment and supplies as well as how to obtain all other supplies.
- Coach the new colleague in how teachers collaborate around special needs students, whether it be in an
  inclusion model or a pullout model.
- Explain the system's teacher supervision and evaluation system and go over the criteria for teaching performance used in the district.
- Hold regularly scheduled meetings / conferences...daily, at first, and then weekly.



# 50 Ways to Love Your Mentee



- 1. Teach your mentee's class during prep time to allow him/her to see other classes.
- Share great teacher web sites.
- 3. When they've completed their first open house, report cards, etc. Celebrate!!
- 4. Put a weekly meeting on the calendar—plan to meet together.
- 5. Develop a game plan for how you deal with confrontation.
- 6. Help your mentee learn staff and faculty members—especially those who can help them accomplish various tasks or maybe another teacher they can observe.
- 7. Send a Happy-Gram.
- 8. Leave a candy bar message for your mentee, such as "Don't let the *crunch* of paperwork get to you! You're doing great!" or "It's *mounds* of fun having you here!" or "You're worth a *\$100,000* to us!"
- 9. Give your mentee a jar filled with strips of paper with positive affirmations written on them.
- 10. Give your mentee a small spiral notebook to write down any questions he/she might have. Then answer those when you meet with your mentee.
- 11. Help your mentee grade papers.
- 12. Tell your mentee all the compliments you hear about him/her.
- 13. Show your mentee how to set up a gradebook.
- 14. Give your mentee a list of games/activities for rainy day schedules.
- 15. Give your mentee a list of games/activities with a monthly theme.
- 16. Meet weekly.
- 17. Stop by your mentee's room every day to check on his/her well-being.
- 18. Listen, Listen, Listen!!!
- 19. Give the unspoken rules.
- 20. Copy files and give ideas to your mentee.
- 21. Give a basket of teaching supplies—pencils, stationary, stickers, etc.
- 22. Help your mentee set realistic goals and take "small" steps—one at a time.
- 23. Suggest music CD's to work by.
- 24. Give your mentee a photo album to use throughout his/her career to show milestones, classroom experiences, etc.
- 25. Go over teaching strategies.









- 26. Walk through to ask a question and make a positive remark before leaving.
- 27. Give your mentee a book on "theory" and one on "practice." Both should serve to inspire your mentee with his/her chosen profession. (e.g., <u>A Boy I Once Knew: What a Teacher Learned from Her Student by Elizabeth Stone</u>)
- 28. Provide a copy of a favorite inspirational poster (suitable for framing) for his/her classroom.
- 29. Make an effort to introduce your mentee personally to one "important" person in the district that you have met along the way in your career.
- 30. Provide a one-year subscription to a professional journal or teaching-related magazine like *Teacher Magazine*.
- 31. Give your mentee a Happy-Gram of encouragement with movie tickets enclosed.
- 32. Give your mentee a call on the weekend commenting on what a great job he/she is doing.
- 33. Cover one of your mentee's duties to give him/her some "relief time."
- 34. Make a necklace with cards containing songs and chants to use during transition times.
- 35. Avoid the temptation to solve a problem your mentee could solve if given a listening ear.
- 36. Take your mentee on a tour of the Education Alliance Teacher's Warehouse.
- 37. Provide a carafe of coffee, tea or juice to get your mentee through the day.
- 38. Donate the "free" books from book clubs such as Troll or give redeemable points for your mentee to choose his/her own titles.
- 39. Make a welcome brochure that contains pictures and information about all the teachers on staff because there isn't an opportunity to get to know everyone in a short time.
- 40. Share recent educational methodologies with your mentee.
- 41. Share lessons on a timely basis.
- 42. Observe your mentee's classroom before his/her first evaluation—give honest and specific feedback.
- 43. Attend a conference together. Discuss each other's opinions about the conference.
- 44. Share your weekly lesson plans with your mentee.
- 45. Share "mess-ups" so your mentee realizes we all make mistakes.
- 46. Send an email or good luck note on day of principal observation and/or parent conference.
- 47. Tour the school with your mentee.
- 48. Give reassurance that frustration or feeling overwhelmed is normal.
- 49. Help your mentee with ways to speak with parents (broken record, repeating what you understand them to be saying, asking for their suggestions and help, etc.)
- 50. Give your mentee a school T-shirt for Spirit Days!





# My Thoughts for Next Year

What I will do before school starts ~

what I will do the first day ~

How and when I will communicate with parents ~

What I will be grateful for ~

what I will do for myself ~

What I hope happens ~

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